

# What Can CNA Skills Enrichment Training Do for You?



- ★ Expand your clinical skills
- ★ Communication and team building
- ★ Problem solving and conflict resolution
- ★ Mental health and addiction
- ★ Observation and assessment
- ★ Career path opportunity

“When we started our class, we all had our own agenda—curiosity, a break from work, etc. After the first lesson, we realized that this class was much more than that. We learned everything from Alzheimers care to dementia, mental illness, abuse, and stress relief. We will take all this knowledge with us, so we will not only provide better care, but pass it on to our co-workers too.”

Josette YouYoute, CNA  
Golden Living—Rosemont

## BENEFITS

Classes are designed to focus on your ability to provide better quality care for your residents while helping you, your co-workers and your supervisors recognize the vital role you play in providing that care.

In addition, you will receive:

- Free tuition and materials
- Paid training days—participants will have their regular wages paid for eight (8) of the fifteen (15) class sessions. During the weeks that you are not being paid to attend class, the class day will be scheduled as a regular day off
- 12.8 continuing education credits

## Class Schedule

The C.N.A. Skills Enrichment Program is held one-day per week for fifteen (15) weeks from 9:00 AM to 4:00 PM. Administrators and union representatives will be notified when dates for classes are scheduled.

## PROGRAM HIGHLIGHTS

### Advanced Gerontology

Upgrade the knowledge and skills required for workers providing care to the aging and elderly residents.

### Advanced Palliative Care/ Pain Management

Instruct front line staff in the effective administration of pain management techniques, address concerns of chronically ill patients and their families, improve the physical and emotional wellbeing of chronically ill individuals.

### Communications/Conflict Resolution

Heighten awareness and sensitivity to customers, enhance relationships between workers, managers, patients, and family members, and help employees and managers alike to forge a new understanding of the needs of the institution.

### Personal Care/Stress Management

Staff physical and emotional health, stress management and prevention of work related injuries.

Other components include:

**Wound Care**

**Alzheimer’s Disease**

**Diabetes**

**Chronic Obstructive Pulmonary Disease**

**Mental Illness**



**TO APPLY:** Complete the enrollment application and fax it to 717-232-1923.  
**FOR INFORMATION:** Please call 717-238-1826.

# CNA Skills Enrichment Course

## APPLICATION FORM

### INSTRUCTIONS:

1. Worker Completes Part One
2. Nursing Home Management Completes Part Two
3. Submit Application—Fax to 717-232-1923



### PART ONE: TO BE COMPLETED BY THE WORKER

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Town/City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Name of Facility: \_\_\_\_\_

Date of Hire (you must have been hired 3 months prior to the start of the class to be eligible): \_\_\_\_\_

Signature of Worker: \_\_\_\_\_

### PART TWO: TO BE COMPLETED BY EMPLOYER REPRESENTATIVE

I confirm that \_\_\_\_\_ is authorized to attend the C.N.A. Skills Enrichment Program and her/his schedule was adjusted to enable her/him to attend.

Signature & Title of Management Representative: \_\_\_\_\_

### PART THREE

**THIS FORM MUST BE SUBMITTED BY FAX TO: 717-232-1923**